

**RICHSTONE PARENT CLASS SCHEDULE 2016**

<b>LAWNDALE HIGH SCHOOL</b>	<b>HAWTHORNE HIGH SCHOOL</b>	<b>LEUZINGER HIGH SCHOOL</b>
<p>LHS Media Center Wednesday, January 13, 2015 9:30am-10:45am <b>"Keep Calm and Parent On"</b> – <i>Tools and tips for helping you and your teen manage stress</i></p>	<p>HHS Career Center Tuesday, January 26, 2015 9:30am-10:45am <b>"Keep Calm and Parent On"</b> – <i>Tools and tips for helping you and your teen manage stress</i></p>	<p>LZ Media Center Wednesday, January 27, 2015 9:30am-10:45am <b>"Keep Calm and Parent On"</b> – <i>Tools and tips for helping you and your teen manage stress</i></p>
<p>LHS Media Center Wednesday, February 17, 2015 9:30-10:45 am <b>"Dating 101"</b> -<i>Helping your teen cultivate healthy relationships</i></p>	<p>HHS Career Center Monday, February 22, 2015 6-7:30 pm <b>"Dating 101"</b> -<i>Helping your teen cultivate healthy relationships</i></p>	<p>LZ Media Center Wednesday, February 17, 2015 6:00pm-7:30 pm <b>"Dating 101"</b> -<i>Helping your teen cultivate healthy relationships</i></p>
<p>LHS Media Center Wednesday, March 16, 2015 6-7:30 pm <b>"Is It Depression or Just Typical Teen Moodiness"</b> – <i>Practical skills to understand the difference and tools for helping your teen</i></p>	<p>HHS Career Center Monday, March 21, 2015 6-7:30 pm <b>"Is It Depression or Just Typical Teen Moodiness"</b> – <i>Practical skills to understand the difference and tools for helping your teen</i></p>	<p>LZ Media Center Wednesday, March 9, 2015 9:30am-10:45 am <b>"Is It Depression or Just Typical Teen Moodiness"</b> – <i>Practical skills to understand the difference and tools for helping your teen</i></p>
<p>LHS Media Center Wednesday, April 27, 2015 9:30am-10:45am <b>"#StayingConnected"</b> – <i>What parents need to know about teens and social media</i></p>	<p>HHS Career Center Wednesday, April 13, 2015 9:30am-10:45am <b>"#StayingConnected"</b> – <i>What parents need to know about teens and social media</i></p>	<p>LZ Media Center Wednesday, April 20, 2015 6:00pm-7:30pm <b>"#StayingConnected"</b> – <i>What parents need to know about teens and social media</i></p>
<p>LHS Media Center Monday, May 11, 2015 6:00pm-7:30pm <b>"The Aftermath of Early Loss &amp; Trauma"</b> – <i>The impact on the adolescent experience when there has been childhood loss or trauma</i></p>	<p>HHS Career Center Monday, May 16, 2015 6:00pm-7:30pm <b>"The Aftermath of Early Loss &amp; Trauma"</b> – <i>The impact on the adolescent experience when there has been childhood loss or trauma</i></p>	<p>LZ Media Center Wednesday, May 18, 2015 9:30am-10:45am <b>"The Aftermath of Early Loss &amp; Trauma"</b> – <i>The impact on the adolescent experience when there has been childhood loss or trauma</i></p>